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CATO - MOTHER MARY

#6

Into the golden white light that is overshadowing energy become one in your own brilliance, in your own Christing, and as you see yourself merging ever with the soul and the soul rising up and becoming the Christed one in the spirit, let us open our hearts, minds, and souls at this time in prayer for as two or more are gathered together, there also am I. So at this time, we call forth the Divine presence of light, grace and love to pour into our hearts, minds and souls and lift us into the grace of God. Raise us up into the Great Divine light and may our hearts, minds, and souls serve the Divine will, the Divine love, and the active intelligence of God's creation as it flows into the physical universe to manifest in an upliftment of all humanity.

My children, I am Cato and I come once again to give a brief statement and to introduce someone who has not spoken to you in sometime. I come to give a brief statement concerning one area and then we shall move on. This statement is being made mainly to calm Jim's mind in a certain area as well as to answer a certain question that had been put forward earlier and that is this.

Oftentimes when there is energy fluxes from one level of consciousness to another that has to take place. As these transmissions come forward, there will be needed time to allow energy patterns to rest in order for a readjustment into a new vibrational pattern to manifest properly. We are saying this because of last night's transmission, coming in from the Silent Ones, and raising the energy to a very high level. At that point, once a transmission of that high level comes through it is best at that time, if this entity that the focus comes forth, that he move away from all other activity for a period of one hour and meditate and ground his energies once again. Because he had not grounded his energies properly after having such a high focus coming through his physical embodiment, it created a disharmony in his energy flow with his own soul trying to utilize this physical body to express and therefore, strain manifested as a headache and certain levels of tension within the astral body throughout the day.

This has now been lifted from him and it was mainly presented to him as a lesson to help him realize that when things in this way happen, and he has analyzed

it in his own mind and come to a realization that it is not a psychic attack or in some other way an action coming outside to do harm to him or in a sense to judge him, then he must analyze and see where the flow within himself is out of alignment. The best way to bring alignment back is through grounding by withdrawing for an hour in meditation.

This statement can be expanded in this way. There are very few people upon the planet today who can even take the type of energies that have to flow through a physical body such as this for this type of expression to manifest. It has taken many lifetimes and then again many years in this lifetime to bring the body up to a level where these energies can manifest properly and with some level of clarity. The way this is done is that at birth the individual draws certain forms vibration within the auric pattern as the mind and emotional levels are developed, and even before that at conception certain karmic patterns draw the atomic structure together at just a little higher vibrational pattern than normal physical vehicles of man, to allow this type of manifestation to unfold with clarity and without causing a great deal of strain on the physical bodies.

If these steps had not been taken at conception and at birth you would then see a vehicle that would have great difficulty and great struggle in trying to manifest the energies in this manner. At times still it is very difficult for him when he is dealing with it on a conscious level and having the energies focused through him in his writings for there he has to battle between his conscious self and his concepts and that which is being presented. Then we still have a struggle at times, but if it were anyone else, the struggles would be much greater and this type of transmission as you are hearing tonight would be near impossible.

So at this time now let me introduce for just a short statement, one who wishes to come forward this night to present to you her form of love and light, by giving you an understanding and a wish that she wishes to see unfold within the organizations that are being developed at this time.

My children. It is good to speak to you once again. I am Mary, the mother of Jesus and I come to you to share with you tonight a level of concern that I have and a desire that has been in my heart for sometime. I have presented these ideas and this wish to a few other people throughout the world and I come to you now to present them to you in hopes that they will be fulfilled at some level in some way so a path may be set forth for fulfillment of a dream to help raise the consciousness of this world into a greater light in God.

My concern now as it has been for many eons is for children and for women throughout the world. I work diligently day and night trying to bring about a sense of freedom for women for it is very important that if women are ever to find their own spiritual liberation, they too must have a sense of physical freedom and physical equality. For if you do not feel equal within the physical universe with those around you, it is very difficult to feel worthy of spiritual liberation. And so I have been working for many centuries through many civilizations, through many peoples trying to bring into the consciousness of men and women everywhere that truly women everywhere have a right to be equal ⁱⁿ and that equality they have a right of freedom. In that freedom then they are able to grow and expand to find their spiritual worth.

And so I ask of you this, in the funding projects within the institute you are forming and even within the foundation, if you are able to find a way to bring this into manifestation at some time in some way, reach out to help women at some level. Within the foundation you might look into doing more research on premenstrual syndrome, for this is an area that causes great stress within women, and you could give them a great sense of freedom if they could handle these imbalances within their bodies that create great emotional and mental stress as well as physical discomfort and stress.

There are also other areas of infections, and difficulties that women often suffer, that men do not understand and because they do not understand, they lack respect. These areas as well need to be looked into and there are those today

that are searching out answers, but in time you might find the door opening where you might be able to fund projects that would help in some way bring an answer and give relief in these areas. We are not looking to make a major step, a major statement or a major project in this, we just want to reveal to you something that is close to our heart at this time.

As well, there are many young women in the world today that are suffering greatly when they become pregnant in trying to make a decision about whether to have an abortion or to give birth to a child. Within the Institute itself, it may be possible in time to find ways of funding some form of an adoption agency or a child care service that would be a halfway house and an adoption service to help these young women make the decisions that they are comfortable with. We do not put judgments upon abortion or adoption for each has their right to choose the path that they choose. We only want to offer aid to those in need for when there is a helping hand that reaches out in love, it helps the individual to choose properly and to feel comfortable in the choosing. Likewise, the plans that are coming forward within the consciousnesses here concerning childcare and working with the elderly is also something very dear within my heart.

These areas have already been brought forward in Jim's consciousness and is something now that touches him greatly for he and I have served together in many and often something that I hold to my heart and to my soul, he holds unto himself as well for our love is one and strong.

I just wanted to share my love and my joy in seeing you come together and to let you know of certain concerns that I have, certain areas that I would like to see energy placed and directed in. I am not asking you to do these things, I am just giving suggestions of areas that need to be looked into. You as individuals, you as a foundation, you as an institute cannot do all of them. You can only choose those things that you feel that the foundation, institute, and you as individuals are most capable of dealing with at this time. There will be others to fulfill those other areas that you cannot walk into at this time

and be of service in. Look at the areas you can serve and serve well there. It is best that you serve only in one or two areas and do the job well than to stretch your energies into 10 or 20 different service areas, and do it very poorly because the energy is so dispersed in so many areas.

I leave now but I leave you, my children, with my love and I offer you a rose within the heart of each of you. Let that rose be a memory of my ever loving presence and my outreaching hand of guidance and support and know that just as I am always present with you in this way, the Father within is ever present with you as well. Until again we meet, I leave you my children in peace and in love and in light. And I bring you greetings from my son as well for he too loves each of you dearly - more than you ever could conceive within the conscious mind concept. Peace children.

So now as Cato, I step down this energy and from now on I will try to do this and help focus better the translations of energy in the body itself so that there will not be so much struggle in these different areas for Jim. As I step these energies down, I leave as well and I send my regrets that I was unable to be present last night in helping to do just as I am now. I hope that he has learned a lesson as I have learned and maybe this too will share with you that we are always learning and growing. The path never ends, the lessons never cease, the way is always open for new understandings. So I too leave you with my peace and my love. May God's blessing and light be upon you. May it fill and surround you, guide and protect you and may you be lifted up into the heart of God himself so that you may know the warmth, the light and the joy in God. Be in bliss, my children, as you walk your path of light.

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